



Autumn/Winter 2019 Menu Week One

Romiley Primary School

Primary Menu Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course 1	Sausage & Mash	Winter Chicken Casserole With Boiled Potatoes	Roast Beef with all the trimmings	Beef & Onion pie with Mash	Battered Fish Fillet and Chips with tomato ketchup
Vegetarian Main Course 1	Pasta Bolognese with veggie mince	Margherita Pizza with ½ Jacket Potato	Quorn roast with all the trimmings	(Organic) Mac n Cheese (v)	Vegetable Curry & Wholegrain Rice (v)
Vegetables	Cauliflower Mixed vegetables	Broccoli Winter Coleslaw	Savoy cabbage Sweetcorn	Green beans Carrots	Garden peas Baked beans
Sandwich			Hot Roast Baguette		
Jacket Potato option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans
Dessert	Ginger Sponge Vanilla Sauce/Custard	Fruity Flapjack & Apple Slices	Oat Biscuit/Shortbread & Fruit Wedges	Jam Sponge & Custard	Chocolate Sponge & Chocolate Sauce

Available Daily Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts





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Selection, Fresh
Bread, Fresh Fruit and Yoghurts

Primary Menu Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course 1	Meatballs in Tomato Sauce with (organic pasta)	Chicken curry with brown rice	Roast Lamb with all the trimmings	(Organic) Beef Pasta Bolognese & Garlic bread	Fish fingers with chips & tomato ketchup
Vegetarian Main Course 1	Cheese and Onion Pasty with a warm Potato Salad (v)	Tomato and Basil pasta	Quorn roast with all the trimmings (v)	British Cheddar Quiche with potato wedges (v)	Quorn fajita with chips
Vegetables	Garden peas Fresh salad	Carrots Green beans	Cauliflower Mixed vegetables	Broccoli Sweetcorn	Garden peas Baked beans
Sandwich			Hot Roast Baguette		
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans
Dessert	Hot Chocolate Fudge Cake with Custard	Cornflake Tart & Custard	Shortbread & Fruit	Feathered Jam Sponge & Custard	Ginger & Mandarin Muffin



Autumn/Winter 2019 Menu Week Three

Romiley Primary School

Primary Menu Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course 1	Burger in a Bun Homemade Wedges	Cottage pie	Roast Chicken with all the trimmings	Homemade Chicken Pie with Mash	Fish Fingers and Chips with tomato Ketchup
Vegetarian Main Option 1	Veggie mince chilli with wholegrain rice (v)	Tomato, vegetable sausage & (Organic) macaroni Bake (v)	Quorn Roast with all the trimmings (v)	Veggie Mince Pie & Onion with Mash	Vegetable nuggets, and Chips with Tomato Ketchup
Vegetables	Sweetcorn Carrots	Broccoli Fresh Salad	Cauliflower Garden Peas	Mixed Vegetables Savoy Cabbage	Garden Peas Baked Beans
Sandwich			Hot Roast Baguette		
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans
Dessert	Apple Crumble served with custard	Lemon Slice	Chocolate Crunch served with Custard	Marble Sponge served with Custard	Crunchy Biscuit serve with Apple Slice

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

