

YEAR THREE PSHE / RSE OVERVIEW

Term Year Group	Autumn 1 SEAL: New Beginnings	Autumn 2 SEAL: Getting On & Falling Out	Spring 1 SEAL: Going For Goals!	Spring 2 SEAL: Good To Be Me	Summer 1 SEAL: Relationships	Summer 2 SEAL: Changes
Year 3	<p>SEAL: Feeling valued. The need for rules & responsibilities in society. Coping with & exploring feelings.</p> <p>RSE: Feelings and worries. Safety and opinions.</p> <p>DATE: Harmful aspects of some household products & medicines. Keeping safe and risks.</p> <p>HEALTHY LIFESTYLES: Keeping safe on dark nights – be safe, be seen. Bonfire safety.</p> <p>E SAFETY: See Computing planning.</p>	<p>SEAL: Compliments & friendship skills. Understanding & controlling anger.</p> <p>RSE: How feelings affect friendships.</p> <p>DATE: Talk about & understand the role of medicine – drugs and medicines.</p> <p>ANTI BULLYING: ABC Curriculum.</p> <p>HEALTHY LIFESTYLES: Road Safety.</p> <p>GLOBAL/CITIZENSHIP: Challenging opinions in society.</p>	<p>SEAL: Consequences. Self as a learner. Reaching / achieving goals.</p> <p>RSE: Growing Up. Respect for others.</p> <p>DATE: Simple choices about some aspects of health and well-being.</p> <p>HEALTHY LIFESTYLES: Hygiene and prevention of spreading germs.</p> <p>E SAFETY: See Computing planning. Safer Internet Day</p>	<p>SEAL: Assertiveness Understanding & managing own feelings (worries & concerns.)</p> <p>RSE: Growing Up – Body parts. How young children develop /birth of a sibling.</p> <p>DATE: Describe ways of keeping safe.</p> <p>ANTI BULLYING: ABC Curriculum.</p> <p>GLOBAL/CITIZENSHIP: Identifying a charity and how money is used to support them (financial capability.)</p>	<p>SEAL: Managing & understanding own feelings. Taking responsibility.</p> <p>RSE: NSPCC assembly and workshop (on a two year cycle).</p> <p>DATE: People who help us (doctors, dentists, nurses etc).</p> <p>HEALTHY LIFESTYLES: Physical and mental effects of exercise. Stranger danger. Safer strangers. Scenarios and how to cope with real life situations.</p> <p>E SAFETY: See Computing planning.</p>	<p>SEAL: Belonging to a group. Understanding the importance of getting on with friends – exclusion and discrimination. Dealing & coping with changes and loss.</p> <p>Focus on: Transition to Y4.</p> <p>Healthy Mind and Body (Wellbeing) Week.</p> <p>WC: 16th July 2018</p>

Please ensure consent/withdrawal forms are sent home for relevant RSE topics.