

YEAR TWO PSHE / RSE OVERVIEW

erm	Autumn 1 SEAL: New Beginnings	Autumn 2 SEAL: Getting On & Falling Out (Anti Bullying Week)	Spring 1 SEAL: Going For Goals!	Spring 2 SEAL: Good To Be Me	Summer 1 SEAL: Relationships	Summer 2 SEAL: Changes
Year 2	<p>SEAL: Belonging to the class / community. Class rules. Rewards and sanctions. Friendships. Managing/exploring feelings.</p> <p>RSE: Friendship, Family & Feelings – who is special to me.</p> <p>DATE: Types of medicine in the home / where they are kept.</p> <p>HEALTHY LIFESTYLES: Recognising the different ways to exercise, such as skipping. Personal hygiene e.g. oral hygiene and hand washing.</p> <p>E SAFETY: See Computing planning.</p>	<p>SEAL: Friendship. Managing anger. Seeing another point of view.</p> <p>RSE: Friendship, Family & Feelings – Managing feelings. Peer pressure and stereotyping.</p> <p>DATE: People who are special to me. People in the community who help us (doctors, nurses, dentists etc)</p> <p>ANTI BULLYING: Anti-Bullying Week. ABC Curriculum – see file.</p> <p>HEALTHY LIFESTYLES: Road Safety.</p>	<p>SEAL: Learning in different ways. Setting & reaching a goal, aspirational targets. How to approach challenges. Taking responsibility for own behaviour.</p> <p>RSE: Friendship, Family & Feelings – Similarities and differences in people.</p> <p>DATE: Choices about health and well-being.</p> <p>HEALTHY LIFESTYLES: Understand the importance of a healthy diet and regular, balanced meals. Different food groups.</p> <p>E SAFETY: See Computing planning.</p> <p>Safer Internet Day</p>	<p>SEAL: Problem solving. Own gifts & talents, strengths & area for improvement/development.</p> <p>RSE: Friendship, Family & Feelings – Different family types.</p> <p>DATE: Harmful aspects of some household products & medicines. Ways of keeping safe.</p> <p>ANTI BULLYING: Stranger danger. Scenarios. What to do if strangers try to talk to you. Safer strangers. Keeping safe.</p> <p>GLOBAL/CITIZENSHIP: Understanding that children in other cultures take</p>	<p>SEAL: Important people. Managing & understanding own feelings. Making choices, understanding what is right & wrong.</p> <p>RSE: NSPCC assembly and workshop – different forms of abuse/ PANTS rule (on a two year cycle).</p> <p>DATE: Feeling ill what to do. Contacting the emergency services.</p> <p>HEALTHY LIFESTYLES: Beginning to understand how their bodies work and the importance of regular exercise. Staying safe when cycling and road safety.</p> <p>E SAFETY: See Computing planning.</p>	<p>SEAL: Making change happen and resolving conflict. Changing behaviour.</p> <p>Focus on: Transition to Y3.</p> <p>Healthy Mind and Body (Wellbeing) Week.</p> <p>WC: 16th July 2018</p>

Please ensure consent/withdrawal forms are sent home for relevant RSE topics.